

ARMY COLLEGE OF NURSING JALANDHAR CANTT

NCC CATC CAMP 25/09/2024 TO 04/10/2024

Date: 25/09/2024 to 04/10/2024

Time: 8:00 AM - 7:00 PM

Venue: - Lovely Professional University

The NCC fosters character, comradeship service ideals, and leadership capacity in the country's youth, stimulates interest in the country's defence by providing service training to the youth, and builds a reserve to allow the Armed forces to expand rapidly during a national emergency.

As part of cadets NCC training, 108 cadets attended the CATC camp (Combined Annual Training Camp) in Lovely Professional University, Jalandhar where they made an impression and won prizes in the various competitions held during the session.

The Camp commenced with the online biometric registration of cadets and room allotment was done on Day 1 of the camp. Day 2 of camp started with motivating and enthusiastic opening address by Col M.S Sachdeva (Commanding Officer, 2 Punjab Girls Batalian). Filled the cadets with spirit of discipline, teamspirit, and leadership qualities.

The daily schedule of camp comprised physical training, exercise in the morning followed by drill practice and theory classes on common and specialized subjects of NCC covering wide range of topics such as weapon training and handling, Map reading, Communication, Personality and Skill development, CPR, Nutritional Anemia etc. Everyday a new lesson was taught in the camp which enlightened the cadets.

A Special Lecture was conducted by a Gynecologist from Civil Hospital Phagwara on Gynecological Problems and about importance of Hygiene. Officer from Punjab Police guided cadets about traffic safety and rules.

Some cadets from 3rd year got opportunity to attend the PDLS classes which impart them knowledge with SSB techniques and Interview, Soft Skills, Stem Cell Transplantation. NDRF team from Bathinda arrived to acknowledge cadets about how to tackle disasters such as flood, earthquake, hemorrhage, cardiac arrest, fire etc.

Last day of camp ended with distribution of prizes and certificates in different categories where cadets has explored their talents. Various competitions were organized to empower the spirit of competitiveness among cadets. The following positions were bagged by ACN Cadets.

- 1) Quiz Competiton- 2nd Position
- 2) Solo Dance- 1st Position
- 3) Group Dance- 2nd Position
- 4) Poster Making Competition- 3rd Position
- 5) 100 Meter Race:- 1st Position
- 6) Tug of War- 1st Position
- 7) Extempore- 3rd Position
- 8) Guard of Honour- Got Momento

The camp came to a conclusion with a lecture on POCSO Act along with celebration of cultural night including dance, song, mime act. Prize distribution ceremony was carried out and a closing address was delivered by Col M.S. Sachdeva (Commanding Officer, 2 Punjab Girls Batalian).



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